



May 18, 2025

## Seasons

“A Season of Transplanting”

### **Psalm 1**

Blessed is the one

who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,  
but whose delight is in the law of the Lord,  
and who meditates on his law day and night.  
That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
whatever they do prospers.

Not so the wicked!

They are like chaff  
that the wind blows away.  
Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.  
For the Lord watches over the way of the righteous,  
but the way of the wicked leads to destruction.

### **Sermon Summary:**

Life is full of seasons—each with its own unique joys and challenges. These seasons can feel like a paradox: anticipated yet dreaded, predictable yet full of surprises. We often long for them to arrive, only to wish they would end once we’re in them. Seasons bring both excitement and frustration, tears of joy and moments of heartache.

Whether foreseen or unexpected, the changing of seasons can lead to weariness. We feel like the days are growing longer, our prayers unanswered, and our relationships stretched. Yet, these seasons are not only inevitable—they are necessary for growth. They are the spaces where we learn, mature, and align more deeply with God’s purpose for our lives.

In this series, we will explore how the real-life stories of ordinary people intersect with the timeless truths of Scripture, helping us navigate life’s varied seasons with hope, faith, and purpose. Through these stories, we’ll see how the gospel speaks directly into every stage of life—transforming our weariness into resilience and our frustrations into faith.



#### **Ice Breaker Questions:**

1. Most people are chasing some version of, "The Good Life." How would you define the good life?
2. Have you ever had to make a tough decision about who or what influences you? How did it turn out?
3. On a faith journey, transitions can serve as a challenge. Why do you think that is?

#### **Scripture Study Questions:**

1. In the psalm, what does the blessed person avoid?
2. Compared to the others, what does the blessed person do?
3. Ultimately, what happens to the wicked and the sinners?

#### **Application Questions:**

1. The key habit that separates, the blessed person from the others is meditation on the instruction of God. How does such meditation help us stay rooted in relationship with God? How does it impact our behavior?
2. In the opening stanza of the Psalm, the righteous person is singular and the negative groups are plural. Why is it easier to fall into the latter group and forsake the path of righteousness?
3. In the latter part of the Psalm, the righteous are described in the plural. How does community with other believers help strengthen us and keep us rooted?